

# CCOR NEWSLETTER

January, February & March 2019



## CCOR's *Annual Heroes in the Home Luncheon*

Congratulations to our 2018 Heroes in the Home Honorees, Michael Henry and Unnika Sommerville. Heroes in the Home recognizes and honors caregivers across New York State who provide excellent home care services. The award strives to increase public awareness about the importance of home care and its workers. "It's a year-long achievement. Out of 400 staff, you two are here being honored," said CEO Chris Gauvin.

Michael and Unnika were honored on December 5 at CCOR's annual luncheon, held this year at Alex's Place in Batavia. The CCOR team was there with them to celebrate this honor. Michael and Unnika went above and beyond for their clients throughout the year. We are so proud that they are part of the CCOR family!

Website: [CCORhome.com](http://CCORhome.com) | Phone: 844.546.1600

# The Holiday Gifting Tree

by: Emily Briggs

This year CCOR selected 22 Clients and families for our Annual Gifting Tree. With the help of many internal staff members, items were purchased and donated to clients to help make their holiday season a little brighter. As gifts were delivered, you could see clients' faces light up with joy and excitement. Many were very grateful to know they're a part of the CCOR Family. Thanks to all who donated, wrapped and delivered!

## 'tis the season... TO ROCK UGLY SWEATERS

There was some serious competition for our Ugly Sweater contest this year, especially with three categories to compete in.



Congratulations to our winners:

**Ugliest Sweater:** Sandy Lyons-Jackson

**Most Creative Outfit:** Andre Lopez

**Most Festive Outfit:** Marie Candelora

Can't wait to see what you guys wear next year!



Our HIPAA officer is Molly Dillon!



HIPAA violations & FRAUD must be reported

Anonymous Hotline

585.546.1219

Stay up to date on all of our latest news, events, and more!

Go to [CCORhome.com](http://CCORhome.com) or visit our Facebook page!



CCOR- Companion Care of Rochester

# Safety Corner:

by: Sandy Lyons-Jackson



## Staying Safe in Winter Weather...

CCOR's Safety Committee has been busy at work...filling water bottles! They collected bottles and filled them with cat litter to help you prevent slips and falls. Please feel free to stop by one of our offices to get a bottle filled with litter. Use it when things get slippery. Just sprinkle it on the ground, steps, or slippery surface. You can stop by any of our offices during business hours and refill your bottle for free.

## Say No to Distracted Driving...

Cell phone distracted driving has become a serious public health threat. Hands-free use of cell phones has been researched over the past several years and has been found to NOT be beneficial in preventing distracted driving incidents. Driving while engaging in cell phone conversations on both hand-held and hands-free phones significantly increases your risk for an accident.

CCOR's Safety Committee is asking all employees to commit to our "No Distracted Driving" policy. Our goal is for employees not to speak or text on their cell phones when driving, even if using a hands-free device. Please focus on your safety and the safety of your family and others on the road.

We want all of you to be safe during our slippery months, so pick up some cat litter and Walk Like a Penguin! And don't drive distracted.



**Interested in joining the Safety Committee to help with their initiatives?** The committee meets about 6 times a year and has a couple of openings. Contact Sandy Lyons-Jackson at 585-546-1600 for more information.

# Donate for Denim

Wear jeans to work while donating to a good cause!



From October to May, for \$10 cash per month, internal employees can wear jeans to work on Thursdays and Fridays.

To sign up, bring your cash donations to Marie. Please note, even though you get to wear jeans, you still need to be dressed appropriately for any meetings or appointments you have on Thursdays and Fridays.

In addition to \$10 donations, CCOR will also have jars available at each office location so anyone who comes into CCOR has a chance to give and support the rotating monthly organization.

## January Home Care Heroes: Polar Plunge Team

CCOR's very own Brenda Frankenburger has taken the initiative of creating the team- *Home Care Heroes!* The Rochester Polar Plunge supports programs and services of Special Olympics New York. Special Olympics New York provides year round training and competition to over 66,000 athletes and unified partners with intellectual disabilities across over 23 Olympic style sports. The greater Rochester area supports over 3,500 athletes and hosts over 40 local Special Olympics competitions annually. If you would like to join the Home Care Heroes: Polar Plunge Team, please go to [Polarplunge.net](http://Polarplunge.net) and search for Home Care Heroes or refer to Marie Candelora's email about how to sign up.



## February American Heart Association

We're working to create a world free of heart disease and stroke - a world where everyone can achieve the best possible health - and it starts right here. From teaming up with city leaders to support more walking and biking routes, to driving initiatives that make healthier food options available in all neighborhoods, to providing our kids with more opportunities to be active in school - together we are making it easier to be healthy where we live, work, learn and play.

## March BRAIN INJURY ASSOCIATION OF NEW YORK STATE

## Brain Injury: Blue Jeans for Brain Injury

The mission of the Brain Injury Association of New York State is to minimize brain injury through prevention and to support, educate and advocate for individuals with brain injuries and their families. Brain Injury Association of New York State (BIANYS) is a statewide non-profit membership organization that advocates on behalf of individuals with brain injuries and their families. Established in 1982, BIANYS provides education, advocacy, and community support services that lead to improved outcomes for children and adults with brain injuries and their families.

# AIDE

of the Month



**Shanail Hudson**  
October 2018

Shanail's clients would agree with her that she is friendly, nice, and respectful. Her client stated that Shanail goes above and beyond for her on a daily basis. Shanail is the mother of 8 and likes to help others. She is often helping us out by picking up extra shifts. Thanks for all you do, Shanail, we appreciate you!



**Marisol Diaz**  
December 2018

Marisol has always worked with people and is always thinking of their needs. That is probably why her clients feel so comfortable with her. Marisol has been with CCOR since March and has already made a big difference. Thanks for picking up extra shifts when you can, and congratulations!



**Charlene Giuliano**  
November 2018

Charlene likes a challenge and that is one of the reasons she is our November Aide of the Month. Charlene is kind, patient and professional with her clients, and that has not gone unnoticed by her client's family or her supervisor. Congratulations, Charlene and thanks for all you do.



Call the office or pick up a bonus program flier for more information.

## Shout Outs

Congratulations to the following on their new positions:

- Emily Briggs, CDPAP Manager

Welcome to:

- David Nunez, Care Manager
- Marynan Tapia, CDPAP Coordinator